

HEALTH STUDIES – SPECIALIZATION (ARTS) – BACHELOR OF ARTS (HONOURS)

Subject: Administered by the School of Kinesiology and Health Studies.

Plan: Consists of 60.00 units as described below

Plan Code: HLTH-S

Program: The Plan, alone, or in combination with a Minor in another subject, and with sufficient electives to total 120.00 units, will lead to a Bachelor of Arts (Honours) Degree.

Code	Title	Units
1. Core		
A. Complete the following:		
HLTH 101	Social Determinants of Health	3.00
HLTH 102	Personal Health and Wellness	3.00
B. Complete the following:		
PSYC 100	Principles of Psychology	6.00
C. Complete 3.00 units from the following: 3.00		
ANAT 100	Anatomy of the Human Body	
ANAT 101	Introductory Human Anatomy	
KNPE 125	Introduction to Human Physiology	
D. Complete the following:		
HLTH 205	Introduction to Health Promotion	3.00
HLTH 252	Introduction to Research Methods	3.00
E. Complete 3.00 units from the following: 3.00		
KNPE 251	Introduction to Statistics	
STAT_Options		
F. Complete the following:		
HLTH 305	Fundamentals of Health Policy	3.00
HLTH 315	Theory and Practice of Health Behaviour Change	3.00
HLTH 323	Epidemiology	3.00
G. Complete the following:		
HLTH 416	Program Planning and Evaluation	3.00
2. Option		
A. Complete 3.00 units from the following: 3.00		
HLTH 333	Contemporary Issues in Human Sexuality	
HLTH 334	Health, Illness, and Society	
B. Complete 6.00 from the following course list: 6.00		
HLTH_Specialization_Options at the 400-level or above		
C. Complete 6.00 units from the following course list: 6.00		
HLTH_Specialization_Options at the 300-level or above		
D. Complete 6.00 units from the following course list: 6.00		
HLTH_Specialization_Options at the 200-level or above		
E. Complete 3.00 units from the following course list: 3.00		

HLTH_Specialization_Options at any level	
Electives and/or Other Plan Requirements	60.00
Total Units	120.00

3. Notes

A. A maximum of 6.00 units from courses offered by other Faculties and Schools may be counted toward the program and/or Plan requirements. This includes courses in BMED, COMM, GLPH, HSCI, LAW, NURS, and courses offered by Smith Engineering.

Health Studies Course Lists

The following lists may contain courses offered through other Departments. In accordance with Academic Regulation 2.6 (Access to Classes), students do not have enrolment priority in all of these courses. Access to these courses may only be made available during the Open Enrolment period, and then only if space permits.

STAT_Options

Code	Title	Units
BIOL 243	Introduction to Statistics	3.00
CHEE 209	Analysis of Process Data ¹	3.50
CISC 171	Computational Probability and Statistics	3.00
COMM 162	Managerial Statistics	3.00
ECON 250	Introduction to Statistics	3.00
GPHY 247	Introduction to Statistics	3.00
KNPE 251	Introduction to Statistics	3.00
NURS 323	Introduction to Statistics	3.00
POLS 285	Introduction to Statistics	3.00
PSYC 202	Statistics in Psychology	3.00
SOCY 211	Introduction to Statistics	3.00
STAM 200	Introduction to Statistics	3.00
STAT 161	Introduction to Data Science	3.00
STAT 263	Introduction to Statistics	3.00

¹ Note that the unit weighting system in Smith Engineering differs from that in the Faculty of Arts and Science. Therefore, upon acceptance of any course from Smith Engineering, the unit weighting towards Arts and Science degree requirements shall be at the discretion of the Associate Dean (Academic). Usually, a one-term course shall count as 3.00 units and a two-term course as 6.00 units.



HLTH_Specialization_Options

Code	Title	Units
DEVS 275	Global Health and Development	3.00
DEVS 355	AIDS, Power, and Poverty	3.00
DEVS 366	Land Politics and Health	3.00
ECON 243	The Economics of Health Care	3.00
GNDS 325	Indigenous Meanings of Reproduction and Health	3.00
GPHY 229	Place, Space, Culture, and Social Life	3.00
GPHY 336	Geography, the Environment, and Human Health	3.00
HIST 228	Global History of Pandemics	3.00
HLTH 200	Physical Fitness and Exercise Programming	3.00
HLTH 230	Basic Human Nutrition	3.00
HLTH 235	Food Systems	3.00
HLTH 237	An Introduction to Drugs, Drug Use, and Drug Dependence	3.00
HLTH 270	Movement Behaviours and Health	3.00
HLTH 300	Community-Based Practicum	3.00
HLTH 331	Advanced Human Nutrition	3.00
HLTH 332	Foundations for Understanding Disability: A Health Perspective	3.00
HLTH 333	Contemporary Issues in Human Sexuality	3.00
HLTH 334	Health, Illness, and Society	3.00
HLTH 350	Topics in Global Health	3.00
HLTH 351	Health in Humanitarian Crises	3.00
HLTH 352	Research Skills Development Practicum	3.00
HLTH 360	Globalization and Black Health	3.00
HLTH 397	Special Topics in Health Studies	3.00
HLTH 401	Interprofessional Collaborative Education	3.00
HLTH 402	Disability Studies: Issues, Research, and Policy	3.00
HLTH 403	Community Based Rehabilitation	3.00
HLTH 404	Global Studies of Social Inclusion, Community Participation and Mental Health	3.00
HLTH 410	Environment and Health	3.00
HLTH 417	Community-Based Programming and Evaluation	3.00
HLTH 430	Critical Weight Studies	3.00
HLTH 434	Social Movements in Health	3.00
HLTH 435	Seminar on HIV/AIDS Prevention	3.00
HLTH 437	Seminar on Harm Reduction	3.00
HLTH 440	Sedentary Behaviour	3.00
HLTH 445	Critical Population Health	3.00

HLTH 456	Survey of Research and Literature in Health Studies	3.00
HLTH 460	Anti-Black Racism and Health	3.00
HLTH 491	Special Project in Health Studies	3.00
HLTH 493	Advanced Topics in Health Studies I	3.00
HLTH 495	Advanced Topics in Health Studies II	3.00
HLTH 497	Special Topics in Health Studies	3.00
HLTH 595	Honours Thesis in Health Studies	6.00
KNPE 225	Advanced Human Physiology	3.00
KNPE 265	Psychology of Sport and Exercise	3.00
KNPE 335	Healthy Aging	3.00
KNPE 337	Physical Activity Promotion for Children and Youth	3.00
KNPE 338	Field Course in Kinesiology and Health Studies	3.00
KNPE 365	Motivational Interviewing for Physical Activity Behaviour Change	3.00
KNPE 366	Race, Sport, and Physical Activity	3.00
KNPE 400	Professional Issues in Allied Health	3.00
KNPE 433	Global Sport and Disability	3.00
KNPE 436	Advanced Placement in Disability and Physical Activity	3.00
LLCU 327	Sickness and Health - Cultural Representations in Medical Discourse	3.00
PHIL 203	Science and Society	3.00
PHIL 301	Bioethics	3.00
PSYC 332	Health Psychology	3.00